

# Hybrid Picking Exercises

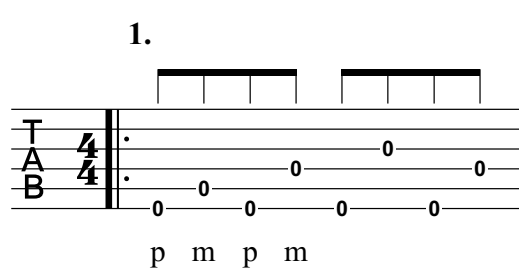
Hybrid picking is a technique that uses regular picking along with the use of your middle and ring fingers. Hybrid picking can be used to play/arpeggiate chords, play figures that involve string skipping, and fast alternation between two strings. Because of the nature of the coordination between the pick and the fingers, it is important to work out on some basic exercises in order to achieve independence in the middle and ring fingers. These exercises will run through many different hybrid picking combinations and situations.

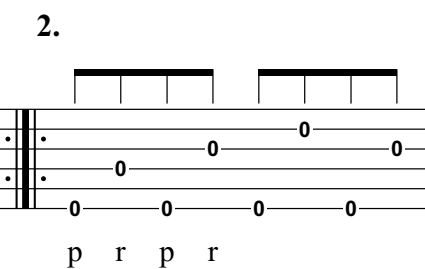
Feel free to add any sort of rhythmic variation to these exercises, as that will improve and strengthen the technique.

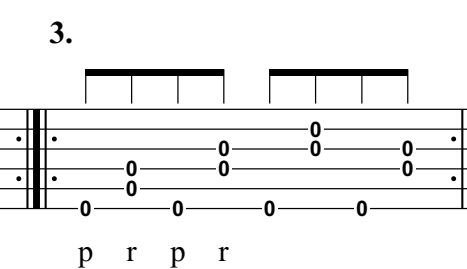
Unlike regular picking/strumming motion, which involves wrist movement, the plucking motion should be made with the thumb and index finger. This will allow for more stability in the hand so that we can accurately zone our hybrid picking fingers. The plucking motion from the middle and ring fingers should be powered by the big knuckle joint.

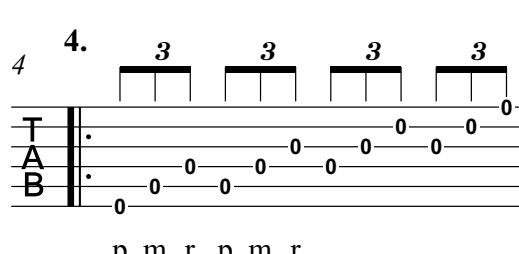
## Part 1: Open String Exercises

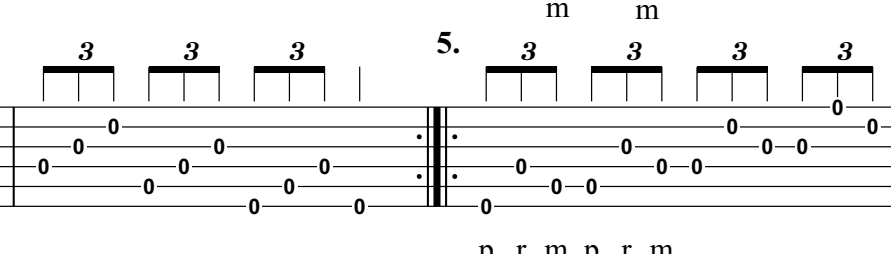
*p = pick*  
*m = middle*  
*r = ring*

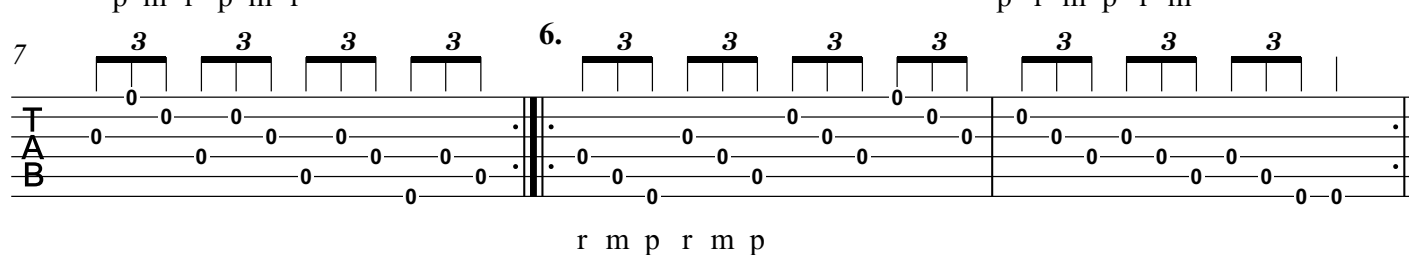
1.   
p m p m

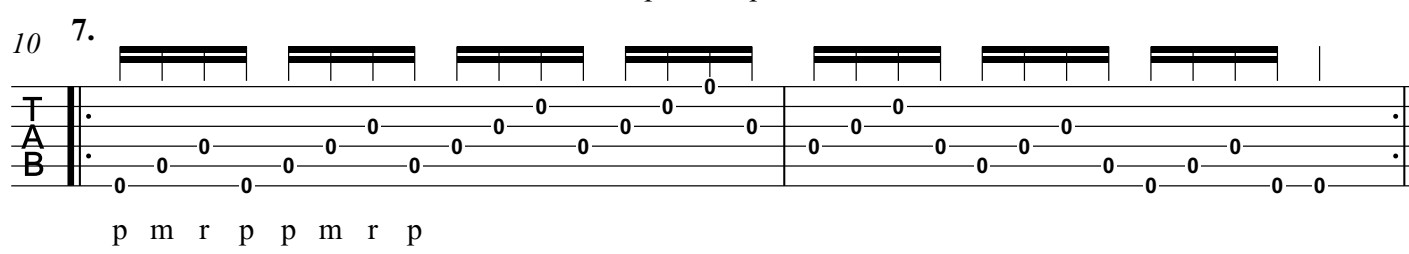
2.   
p r p r

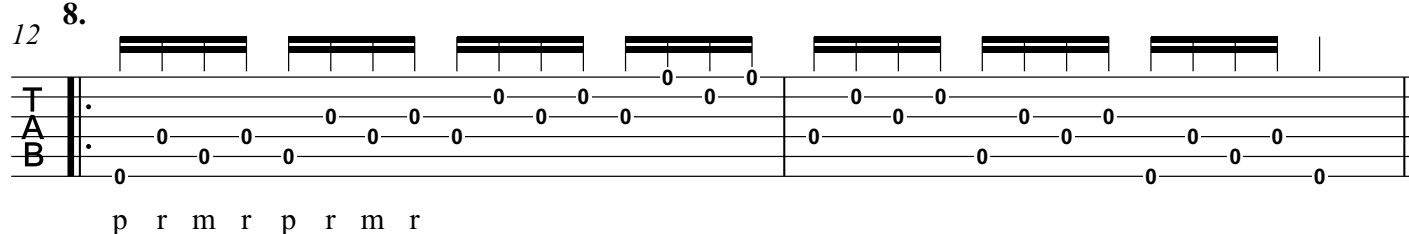
3.   
p r m p r m

4.   
p m r p m r

5.   
p r m p r m

6.   
r m p r m p

7.   
p m r p p m r p

8.   
p r m r p r m r